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the weight-loss
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celeb **HAIR**
SECRETS

got 10 minutes?

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oh
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trend spot
THE LOOK
THAT WILL
KEEP YOU IN
THE LOOP

full frontal updo



Put a fresh spin on the super-popular half-up, half-down style. "Try the opposite," says Mark Townsend, a celebrity hairstylist for Matrix. "Leave front sections down and put the rest in a ponytail or chignon." The soft, sexy look flatters everyone. "It's less severe than when hair's pulled straight back," says Townsend.

Get the look: Prep damp hair with mousse (try Matrix Vavoom Height of Glam Volumizing Foam, \$14) and blow-dry using fingers rather than a brush for natural texture. Section off hair that falls in front of your ears and gather what's left into a pony. Front pieces can be chin- or even shoulder-length, but anything longer should be pinned into your ponytail. For straight strands, wrap front pieces around a wide-barrel curling iron. "You need only a quick hit of heat," says Townsend. "Think waves, not tendrils."



Up-front: Penélope Cruz (top), Jessica Biel (center), and Jennifer Lopez.



q&a

ASK THE STYLIST

Q: When should I apply face powder?

A: Powder has two main jobs: to set your makeup and to absorb excess shine. So it should go on after any liquids (moisturizer, foundation, concealer, cream blush) but before other powder products (eye makeup, powder blush, etc.). But *what* and *how* you apply is just as important as when you apply it. You want a translucent formula for lightweight coverage (try L'Oréal Translucide, \$11, and MAC Blot Powder, \$20) rather than a heavy opaque formula. I like to apply powder with a blush brush rather than a fluffy powder brush; it allows you to concentrate the powder where you need it most (say, an oily T-zone).



—Carrie Indry is a makeup artist on TLC's *What Not to Wear* and author of *The 5-Minute Face*.

gotta get it: PIMPLE-FREE SKIN

Banish breakouts with the latest skin savers.

THE CHEAP FIX



\$7
Neutrogena Oil-Free Acne Stress Control 3-in-1 Hydrating Acne Treatment
Unlike drying pimple-fighting potions, this lotion moisturizes as it banishes blemishes with MicroClear, a trademarked acne-bacteria-blasting technology.

THE FAST SOLUTION



2 seconds
ThermoClear, \$150
This device delivers a quick burst of bacteria-neutralizing heat via a pulsing light. Use it one to three times a day, and existing pimples clear up to four times faster; below-ground blemishes may never reach the surface.

THE LUXE TREATMENT



★★★★★
Decleor Aromassage Purify Massage Treatment, \$95–\$170
A facial without painful extractions: A spa aesthetician uses a relaxing massage and sebum-reducing ylang-ylang products. At home, try Decleor Aroma Pureté Matt Finish Skin Fluid, \$38.